

Information Sheet

Issued by: West London NHS Trust Older People's Mental Health Service

Date: 31st January 2023

This document provides essential information about West London NHS Trust's Specialist Older Adult Mental Health Service (SOAMHS) expansion. This expanded offer will be delivered across Ealing, Hammersmith & Fulham and Hounslow.

- > From the 31st of January 2023, the **Specialist Older Adult Mental Health Service** has been open to referrals for patients with mild to moderate mental health needs. This is an expansion of our existing service which has been providing assessment and intervention for patients with severe mental health needs.
- > **Advice & Guidance** can be accessed via the general SOAMHS phone number in each borough:
Ealing: 020 8483 1705
Hammersmith & Fulham: 020 8483 2525
Hounslow: 020 8483 1800
- > Referral criteria for SOAMHS are as follows:
 - Aged **70 and above**
 - Permanent **residents of Ealing, Hounslow and Hammersmith and Fulham**
 - Have a **mental health need present that cannot be supported by Primary Care**
- > Please submit all referrals via the West London NHS Trust **Single Point of Access (SPA)**
- > SOAMHS will use **RiO** as the electronic health record
- > The structure and components of the expanded SOAMHS service are:
 1. **Advice and Guidance:** Dedicated time for consultation with referrers to explore potential referrals.
 2. **Assessment:** Comprehensive older people's mental health assessment; Identify needs and direct them to the most appropriate intervention.
 3. **Treatment and Intervention:** Individual & group interventions; 12-week average.

Patients over the age of 70 who would have previously been referred to the West London NHS Trust Mental Health Integrated Network Teams (MINT) for mental health support, should now be referred to SOAMHS.

If you have any questions, please get in touch with your local Specialist Older Adult Mental Health Service (SOAMHS) team.

